

TuTim Team Manual



Avalon Baptist Church

You have heard me teach things that have been confirmed by many reliable witnesses. Now teach these truths to other trustworthy people who will be able to pass them on to others. - 2 Timothy 2:2

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Lesson 0: Introduction

INTRODUCTION TO TUTIM TEAMS

What is the goal of TuTim Teams?

For **YOU** to hear from **ME** (your leader) and commit these things to other **FAITHFUL PEOPLE**. This means this doesn't end with you. The goal is for you and your team to become faithful **disciples** of Jesus who make faithful **disciples** who then make faithful **disciples** who then also make faithful **disciples** unto the fourth generation and beyond.

TuTim Teams are designed to help us see three important things:

1. Jesus wants us to be disciples that make disciples. Jesus calls us to greater things than church membership, Bible studies, and programs.
2. God doesn't want anyone to perish but all to come to repentance. These people live and work all around us.
3. There are simple tools that we can fit into our daily routine that will advance the Kingdom of God.

The Bigger Picture of a Disciple-Making Movement: Who, Why, What, When, Where, and How

Who?

That's simple, you. *If you want to be a disciple of Jesus, then you will need to make disciples.* Just as orange trees produce oranges, fish produce fish, people produce people, we can easily see that the product of a disciple is more disciples (Luke 9:23).

Why?

That's simple, too. *Jesus said so.* The final instructions of Jesus to His disciples were to make disciples (Matthew 28:18-20) and to be his witnesses (Acts 1:8). Jesus was not suggesting. He was giving a command.

What?

A disciple-making movement is the multiplication of disciples in a relatively short time (2-4 years in the USA). Disciple-making movements don't happen by chance or by accident. Rather, they happen because people have postured themselves for God to move in them and through them. Read this again (consider doing it out loud).

When?

Today is the day that you join our disciple-making movement. We look forward to the day you become a leader in our disciple-making movement.

Where?

It starts at home but it doesn't end there. Pray that this goes beyond our control, spreads into our local community, and expands across the globe (Acts 1:8).

How?

Two ways:

1. Proper **POSTURE**. We must posture ourselves spiritually so that God can use us for His Kingdom and His Glory. We do so by making sure that our spiritual disciplines as disciples are solid.
2. Simple and shared **PROCESS**. Simple, meaning we implement a clear process that enables everyone to do the work of making disciples. Shared, meaning everyone receives and uses the same tools and disciple-making language so we are all on the same page.

EXPECTATIONS

1. **Read** *Growing Up* by Robby Gallaty. Be ready to discuss the introduction and chapter one in Lesson 4. You will discuss the remaining chapters of the book during Lessons 8-16.
2. **Come prepared** and **ready to contribute** to your meeting sessions. This isn't a "Do Nothing Bible Study." It's a discipleship handbook. As you go through it, take notes. Your booklet will become your disciple-making manual once you start a new TuTim Team. Do the work for each session. This might include reading, answering questions, and doing the work of making disciples.
3. **Obey** what you learn. This is a discipleship group. Our purpose is to study the Word of God and then do what it says.
4. **Leaders**, familiarize yourself with *The Disciple's Cross* workbook, and give your team a brief overview. When you believe your team members are ready, have them lead/teach a lesson. Make sure they are ready by the final lessons.

ENCOURAGEMENTS

If you are not spending time with the Lord each day through reading the Bible and prayer, this is going to be a very difficult commitment (John 15:5). As a believer, if you can't set aside time to spend time with the Lord each day, you aren't in a position for God to move in you or through you. If you plan to move forward, go ahead and start reading and praying daily. It's the bare minimum. You've got this (Phil. 4:13).

Remember that discipleship is not a race, and there is no deadline. Some lessons may easily be covered in one session, while the group may spend extra time on a more difficult lesson. If you fall behind, stick with it. Don't give up. The goal is to become a disciple-maker, not just complete the book.

Sign below if you are ready to keep one another accountable each week.

Sign here: _____

TESTIMONY TIME

Now that you are ready to keep each other accountable, take time to share your testimony with the group. Have each person share their testimony (3-5 minutes each). Focus on your life before Jesus, when you started following Jesus, and how Jesus has changed your life.

SPIRITUAL DISCIPLINE CHECK-UP

Get a baseline for where you are by answering these questions:

- Do you spend daily time in the Word? How much time?
- Do you spend daily time in prayer? How much time?
- Do you regularly attend church?
- When was the last time you shared the gospel? How did it go?
- Do you regularly serve in the church? What do you do?

Write down your answers today (and each week). Hopefully, when you finish this round of TuTim Teams, you will look back and see how much you have grown.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 1. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **Luke 9:23**.
- Pray for each member of your group.
- Get to know a group member better.
- **Add the names of 3-5 lost people below and pray for them daily. Reach out to them as you feel led.**
 - 1.
 - 2.
 - 3.
 - 4.
 - 5.

Lesson 1: Spend Time with the Master

Introduction time: Quote Luke 9:23 and share a Jesus story from the week.

A Jesus story is a moment you noticed Jesus working in, through, or around you. You may have a story of how the Spirit prompted you to speak (or hold your tongue), or a story of how God provided for a need or answered a prayer. The story is a chance to give credit to Jesus for his work in your life, large and small.

Goal check-up:

- What did God teach you as you memorized and prayed through Luke 9:23?
- Who did you get to know better?
- Did you make your list of 3-5 lost people to pray for?

DISCIPLE'S CROSS

Over the next six weeks, you will learn the Disciple's Cross piece by piece.

Today, start by drawing a circle to the right.

The empty circle you drew represents your life. If you had to choose, who or what would be at the center of your life? Is it you? Or is it Jesus? If they are honest, most people would put themselves at the center of their life, but you cannot become a disciple of Jesus if you are not willing to deny yourself. Remember Luke 9:23?

Now, read Luke 14:26-27

- What is holding you back from being a disciple who gives everything to Jesus?

- Are you building your kingdom or God's kingdom? How?

- Are you pursuing your comfort or God's glory? How?

If you are willing, write Jesus in the center of the circle. Begin to take the necessary steps to make Jesus the center of your life.

PRIORITY

If you follow Jesus, you must love Him more than any other person, possession, or purpose.

What priorities keep you from making Jesus the highest priority in your life?

Answer these questions to help discover your priorities:

- What is something that would be difficult for you to leave behind or give away if God asked you to?

- When or if God asked you to do something that did not make sense, did you or would you have a hard time being obedient? Give an example.

- What is your primary motivator in life? (If you are not sure, look at how you spend your time and money and ask why you do those things)

- Why do you
 - Read or not read the Bible?

 - Pray or not pray?

 - Serve or not serve the church?

 - Share or not share the gospel?

KNOW, OBEY, AND SHARE

When we put Jesus first, we will take steps to **know** God's Word, **obey** God's Word, and call others to obey God's Word through **sharing** the gospel and making disciples.

Write down if the verse tells us to know, obey, or share. Then summarize in as few words as possible how each verse describes a disciple of Jesus.

- Psalm 119:11
- Matthew 28:19-20
- John 14:21
- Acts 4:13-22
- Colossians 3:16
- James 1:22

If you want to make disciples and teach others to **obey** what Jesus commands, you must first **obey** what Jesus commands. But in order to **obey** what Jesus commands, you must **know** what Jesus commands. However, you must also be careful not to get caught up in only **knowing** and never progress into **obeying** or **sharing**. After all, without action, all of the theology in the world doesn't matter.

Out of 100%, what is your balance of knowledge, obedience, and sharing? Is it healthy?

Knowledge ____% Obedience ____% Sharing ____%

Are you disproportionately high in one aspect and lacking in others?

What needs to change to have a healthy balance of all three?

If you were in a country where you could be imprisoned for following Jesus, based on your knowledge, obedience, and sharing the gospel, would the courts have enough evidence to convict you?

Take action

Write down one step you can take to **prioritize**, **know**, one step you can take to **obey**, and one step you can take to **share** this week.

- Prioritize:
- Know:
- Obey:
- Share:

Pray

Pray, repent, and ask for the Holy Spirit to grow you in your **knowledge** of God's Word, your **obedience** to all that Jesus commands us, and for faithfulness to **share** the gospel and make disciples.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 2. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **John 15:5**.
- Pray for each member of your group.
- Get to know a group member.
- Continue to pray for the 3-5 lost people on your prayer list. Reach out to them as you feel led.
- **Share with someone outside your group how you are seeking to grow in knowing, obeying, and sharing Jesus.**

Lesson 2: Live in the Word

Introduction time: Quote John 15:5 and share a Jesus story from the week.

Goal check-up:

- How much daily time did you spend in prayer and in the Word this week?
- What did God teach you as you prayed through John 15:5?
- Who did you share with about how you are prioritizing and obeying Jesus?

DISCIPLE'S CROSS

Last week you drew a circle with Jesus in the middle, symbolizing Jesus as the center of your life. This week, you will talk about living in the Word.

To the right, draw a circle with Jesus in the middle and then draw a line from the bottom of the circle straight down and write "**Live in the Word**" on that line.

We live in God's Word by having God's Word in us. We do this through reading, praying, memorizing, and meditating on God's Word during our regular quiet time. Also through listening to sermons, listening to teachings, and personal deeper study. To live in God's Word means you will obey what you learn from God's Word.

Each week you have a memory verse. That is a common term used in the church, but what we really want is for you to also meditate on God's Word. Meditate by praying through the Scripture you are memorizing. Also by spending time thinking through what that Scripture means and what God wants to teach you through that Scripture.

What's the difference between memorizing and meditating?

Memorizing God's Word puts it in your head.

Meditating on God's Word puts it in your heart.

Is daily time in the Word an add-on or is it non-negotiable? Explain.

Based on each verse, write down why daily time in God's Word is non-negotiable

- Joshua 1:8
- Psalm 1:1-2
- Psalm 119:9-10
- Proverbs 30:5
- Isaiah 40:8
- Isaiah 55:10-11
- 2 Timothy 3:16-17
- Matthew 4:4
- Hebrews 4:12
- 1 Peter 2:2-3
- Colossians 3:16

WHY SHOULD YOU HAVE A REGULAR QUIET TIME?

1. To get to know God better through fellowship with Him.

- What does Philippians 3:10-11 say are the benefits of fellowship with Jesus?
- When has being able to recall Scripture helped you?

2. To receive direction and guidance for daily decisions.

- What does 1 John 5:14 say about God's response if you pray according to His will?

- How has seeking answers from God's Word helped you make decisions?

3. To bring needs before God.

- What promises does God make in these verses for those who pray to Him?
 - Philippians 4:6-7
 - Hebrews 4:16
 - Psalm 34:17
 - Isaiah 40:31

4. To bear spiritual fruit.

- In John 15:4, what did Jesus say you must do to bear fruit?

- Is your fellowship with God healthy enough to bear good fruit? If so, what fruit are you bearing?

How can you have an effective quiet time?

- Schedule a regular time for it.
- Find a place to be alone with God.
- Make a plan for your time and follow it.

Here is one example of a quiet time schedule:

- Pray - praise God, confess sin, and give thanks.
- Read and study God's Word.
- Meditate on and summarize what you read and learned.
- Pray through what you read and make sure to listen for God's leading.
- Spend time practicing your memory verse.
- Pray through your prayer list and make requests for the day.

Take action

Write down your time, place, and plan for your quiet time below:

- Time:
- Place:
- Plan:

Pray

Pray for each other. Pray that the Holy Spirit would give you the desire to live in the Word and the faith to be obedient to all that it commands.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 3. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **John 15:7**. Review previous memory verses.
- Pray for each member of your group - by name and need.
- Continue to pray for the 3-5 lost people on your prayer list. Reach out to them as you feel led.
- **Bear fruit through:**
 - Sharing the gospel.
 - Praying with someone.
 - Comforting and encouraging someone who is hurting.
 - Helping someone with a physical need.
 - Loving your enemy and not retaliating when wronged.

Lesson 3: Pray in Faith

Introduction time: Quote John 15:7 and share a Jesus story from the week.

Goal check-up:

- Did you follow your quiet time plan?
- What did God teach you as you prayed through John 15:7?
- How did you bear fruit last week?

DISCIPLE'S CROSS

Last week you drew a circle with Jesus in the middle and then drew a line from the bottom of the circle straight down and wrote "Live in the Word" on that line.

To the right, draw this again, and add another line going up from the circle. Along that line, write "**Pray in Faith**".

How Do You Pray in Faith?

Pray in Faith - According to God's Will

Living in the Word helps us pray in faith because when we know God's Word, then we will pray according to God's will. How often do you read God's Word for direction and pray in faith when you make a major decision?

Share a time when you prayed based on what you wanted rather than seeking God's will first.

How did that compare to a time when you sought God's will while praying and then asked according to His will?

Pray in Faith - Prayers of Praise

To give praise to God means to proclaim His merit or worth. Praise raises your prayer life over yourself and focuses solely on God and His glory.

Read the following verses and write down how God is praiseworthy:

- Psalm 104:24
- Psalm 147:5
- Malachi 3:6
- 1 John 4:8

What else can you praise God for?

Pray in Faith - Prayers of Confession

What do these verses teach you about confessing sin?

- 1 John 1:8-10
- Psalm 139:23-24
- Psalm 66:18

Based on these verses, why do we need to confess sin in our life?

Read Ephesians 4:20-32. Are you convicted of any sins from these verses you need to confess? Which ones?

Are there other sins you have been convicted about that you need to confess to each other (James 5:16)?

Pray in Faith - Prayers of Thanksgiving

What do these verses teach you about thanksgiving?

- Psalm 100:4
- Psalm 69:30-31

How often do you pray prayers of thanksgiving?

What if tomorrow you only had the things you gave thanks for today? What would you have?

Write down things you take for granted that you can start giving thanks for this week:

Pray in Faith - Prayers of Need

What do these verses teach you about asking for help?

- Hebrews 4:14-16
- 1 John 5:14-15

How can we approach the throne of God?

Most of us do more than fine praying for ourselves, but do you regularly pray for the needs of others?

If you need to grow in this area, start making a prayer list on your phone or in a notepad that you can access when you have your quiet time.

PRAYER MODEL

This week, practice the following model in your prayer time. After the week is over, if you find you don't care for the specific order, that is fine, but make it a point to incorporate every step of the model somewhere in your prayer time.

PRAISE

An easy way to begin with praise is to start with: God, You are good. God, You are Holy. God, You are awesome...

CONFESS SIN

He knows...go ahead and confess. Ask God to bring to your mind any sin you are not aware of.

THANKSGIVING

Tell Him "Thank You!" and be specific.

Read God's Word, then:

MEDITATE

Spend time thinking about what God's Word says.

PRAY THE WORD

Pray God's Word and ask Him to help you keep it.

LISTEN

Quiet your heart. Stop your thoughts. Close your mouth. Listen.

RESPOND

Pray and ask how you should respond to what God's Word has taught you.

PRAY FOR NEEDS

Pray in accordance with God's word for your needs. Pray for others including your family, friends, church, and the lost people in your life.

Take Action

Use this prayer model as you pray this week.

Pray

Close in prayer using the prayer model.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 4. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **John 13:34-35**. Review previous memory verses.
- Pray in faith for each member of your group - by name and need.
- Continue to pray in faith for the 3-5 lost people on your prayer list. Reach out to them as you feel led.
- **Be prepared to discuss the Introduction and Chapter 1 of *Growing Up*.**
- **Pray in faith according to the recommended order of prayer at least two times.**

Lesson 4: Fellowship with Believers

Introduction time: Quote John 13:34-35 and share a Jesus story from the week.

Goal check-up:

- What did God teach you as you prayed through John 13:34-35?
- Did you try the recommended order of prayer? How did it go?
- Have you been praying for the 3-5 lost people on your list?

DISCIPLE'S CROSS

Last week you drew a circle with Jesus in the middle and then drew two lines. One from the bottom of the circle straight down, where you wrote "Live in the Word" on that line. The other, going up from the circle, where you wrote "Pray in Faith".

To the right, draw this again. Add another line going out to the right, and write "**Fellowship with Believers**".

Jesus did not create you to live and operate in a vacuum. You cannot be a balanced Christian if you do not make the effort to have loving relationships with others. Trying to live outside of the fellowship of the church will keep you from experiencing the fullness of life in Jesus. For it is in fellowship we gain spiritual strength and accountability.

Why must we be in fellowship?

Answer based on the following verses:

- Hebrews 10:24-25
- 1 Corinthians 12:12-31

What are the dangers of being outside of fellowship with other believers?

How has fellowship with another believer helped you when you were spiritually weak?

Do you have a strong fellowship with believers at church? Give an example.

Do you continually try to grow in your fellowship with others at church? Give an example.

According to John 15:9-13, why are we to love other people?

Read each verse and write out how friends are to act towards one another:

- Proverbs 17:17
- Matthew 18:15
- James 4:11
- 1 John 1:3

What traits are the biggest challenges for you?

Read John 17:20-22, what does Jesus desire for his disciples?

Take what you have learned and move beyond your comfort zone. Seek greater unity in the church by making a new friend at church this week. Meet someone you do not know well or at all.

GROWING UP DISCUSSION

Write down and be ready to discuss one idea that stood out to you in

Introduction -

Chapter 1 -

Take Action

Write down how you plan to make a new friend.

- Will you sit next to them at Discovery Group?
- Will you sit next to them at Wednesday dinner or group?
- Will you invite them to lunch after church?
- Will you meet them for an activity in the community?

Pray

Pray for each other to have the faith to take the effort of making new friends and growing in fellowship with other believers.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 5. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **John 15:8**. Review previous memory verses.
- Pray in faith for each member of your group - by name and need.
- Continue to pray in faith for the 3-5 lost people on your prayer list. Reach out to them as you feel led.
- **Make a new friend at church.**

Lesson 5: Witness to the World

Introduction time: Quote John 15:8 and share a Jesus story from the week.

Goal check-up:

- How has your daily quiet time been beneficial to you?
- What did God teach you as you prayed through John 15:8?
- Did you make a new friend at church?

DISCIPLE'S CROSS

So far, you have drawn a circle with Jesus in the middle, a line from the bottom of the circle straight down, where you wrote "Live in the Word", a second line going up from the circle, where you wrote "Pray in Faith", and a third line out to the right where you wrote "Fellowship with Believers".

Today, draw this again, and then add another line going out to the left, and write "**Witness to the World**".

What does John 15:8 say you will do if you are a disciple?

What kind of fruit is Jesus talking about?

Surely Jesus is talking about the fruit of the Spirit (Galatians 5:22-23), but He is also talking about making disciples (Matthew 4:19).

In fact, they go hand in hand. By the power of the Holy Spirit, we produce spiritual fruit that enables us to have:

- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness
- Gentleness
- Self-control

Does God give us this fruit just for our own personal benefit? Why or why not?

Or does God allow us to produce the fruit of the Spirit so that we can also be more effective at sharing the gospel?

For example, why does God give us the ability to love others? Is it so they may see God's love for them, and so that we may tell them about God's love by sharing the gospel.

How can other aspects of the fruit of the Spirit help you share the gospel?

Do you allow the power of God to enable you to share the gospel? How?

Can you share a story of a time when you were able to share the gospel and felt God giving you the words to say?

Read John 15:1-4, is bearing fruit an option for a follower of Jesus?

How do followers of Jesus make sure they can bear fruit?

What excuses do you use that keep you from witnessing?

How can you encourage each other to be faithful witnesses that rely fully on the power of God?

Read John 15:16. According to this verse, what is one reason why Jesus saved you?

Read John 15:4 again. What keeps people from not bearing fruit?

If you stay in fellowship with Jesus, you will be empowered to witness. It is not up to you to save anyone, but you are without a doubt called to share the gospel with others.

How often do you make friends or acquaintances with non-Christians in order to eventually have opportunities to share the gospel with them?

How often do you pray with and for other people?

How often do you contact new visitors at the church?

How afraid are you of rejection or persecution when you share the gospel?

On a scale of 1-10 and based on your answers to the above questions, how ready are you to share the gospel?

Read Acts 5:12-42:

- How did the Pharisees react? Why?
- Were the apostles rescued or were they allowed to endure hardship?
- What was the accusation in verses 27-28? How did the apostles respond?
- What physical punishment did the apostles receive?
- Are you willing to not only suffer, but rejoice in suffering for the sake of Jesus?

Take Action

Make a new friend this week who is not a follower of Jesus.

Pray

Pray for each other to be willing to endure physical, mental, and emotional suffering for the sake of telling others about Jesus.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 6. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **John 15:13**. Review previous memory verses.
- Pray in faith for each member of your group - by name and need.
- Continue to pray in faith for the 3-5 lost people on your prayer list. Minister to one of them this week.
- **Make a new friend who is not a follower of Jesus.**

Lesson 6: Minister to Others

Introduction time: Quote John 15:13 and share a Jesus story from the week.

Goal check-up:

- What did God teach you as you prayed through John 15:13?
- Did you start a new friendship with someone who is not a believer?
- Have you been able to minister to any of your 3-5 friends who are lost?

DISCIPLE'S CROSS

This is the last week of adding to the Disciple's Cross. So far, you have drawn a circle with Jesus in the middle, a line from the bottom of the circle straight down, where you wrote "Live in the Word", a second line going up from the circle, where you wrote "Pray in Faith", a third line out to the right where you wrote "Fellowship with Believers", and a fourth line going out to the left, where you wrote "Witness to the World".

Today, draw this again and then draw a large circle behind the cross representing the world. Above the circle, write, "**Minister to Others.**"

**If Jesus is the center of your life,
you will grow as His disciple
through ministering to others.**

Describe a situation where being a disciple of Jesus led you to minister to others sacrificially.

Are there opportunities for service in your life that you are not taking advantage of? What are they?

Quote Luke 9:23. What are the **three** things a disciple must do to follow Jesus?

Read John 12:24. What happens when we die to self?

Read Luke 14:27. What happens when we don't take up our cross?

Why did Jesus take up his cross and die? Was it love? Obedience? Or both?

Why do we take up our cross, deny ourselves, and follow Jesus?
Is it love? Obedience? Or both?

MINISTRY RESOURCES

With the disciple's cross, you have learned four resources available to every disciple that help you minister to others, fill in the blanks:

- 1) Living in the _____ leads to a ministry of teaching/preaching.
- 2) Praying in _____ leads to a ministry of worship/intercession.
- 3) Fellowshiping with _____ leads to a ministry of nurture.
- 4) _____ to the world leads to a ministry of evangelism.

The fifth one we are learning today is,

- 5) Fellowshiping and Witnessing lead to a ministry of service to others.

Let's Walk through How Each Resource Helps You to Minister to Others

Living in the Word leads to a ministry of teaching/preaching.

This doesn't mean you have to be a pastor. Teaching can be used in the context of TuTim Teams, Discovery Groups, and other opportunities for making disciples.

How do you think God wants you to use the resource of the Word in the ministry of teaching/preaching?

Praying in faith leads to a ministry of worship/intercession.

The more you pray, the more you worship. Praying helps you develop a closer relationship with God and is a way you can minister to others. Even if you never lead in worship, you can serve God through worship and interceding for others.

How do you think God wants you to use the resource of prayer in the ministry of worship/intercession?

Fellowshipping with believers leads to a ministry of nurture.

The natural progression of fellowship is to find new or spiritually young followers of Jesus to nurture through discipleship. Every disciple is called to help other disciples in the fellowship of believers. This could involve coming alongside new believers when they decide to follow Jesus, leading a TuTim Team, being a leader in a ministry at the church, and taking believers alongside you as you go and share the gospel.

Do you serve God in any of these ways? Which ways?

How do you think God wants you to use the resource of fellowship in the ministry of nurture?

Quick Question: What is discipling?

Discipling is leading others to develop personal, lifelong, obedient relationships with Jesus in which He transforms their character into Christlikeness, changes their values to Kingdom values, and involves them in His mission.

Witnessing to the world leads to a ministry of evangelism.

Evangelism is the proclamation of the good news of salvation in Jesus. You do not persuade others to follow Jesus, and it is not your job to save them. However, it is your job to be faithful to share, and sharing the gospel is the means by which the Holy Spirit works to convert the lost.

How do you think God wants you to use the resource of witnessing in the ministry of evangelism?

If witnessing is not a regular part of your life, take time to brainstorm with your team about how each of you can regularly witness to the lost. Think of how you can also support and help each other to become more faithful witnesses.

Fellowshipping and Witnessing lead to a ministry of service to others.

Read the following verses and explain what they teach about service:

- Mark 10:45
- Luke 22:26-27
- John 13:14
- Galatians 6:2
- Galatians 6:10
- Philippians 2:3
- Hebrews 10:24
- 1 Peter 5:5
- 1 John 4:7

How are you serving your brothers and sisters in Christ?

How are you serving the lost?

Are you involved in serving the church? Where?

If not, pray about where to be involved, and then get involved before your TuTim Team concludes.

How Are You Doing as a Disciple?

If you truly follow Jesus, you cannot ignore any of his commands. You must regularly live in the Word, pray in faith, fellowship with believers, witness to the world, and minister to others. This is not an exhaustive list, but a great starting place for being a disciple of Jesus. When you start to be obedient, don't be surprised if you encounter pushback, opposition, or rejection. Our enemy does not want you to be obedient and a lost world will consider you a fool. That's ok, because Jesus calls you blessed when you are obedient, and His opinion is all that matters. Jesus also promised the Holy Spirit to help you. Rely on the Holy Spirit and go forth in power, not fear (2 Timothy 1:7).

Spiritual Discipline Check-Up

Compared to your Lesson 0 baseline, how are you doing now?

- Do you spend daily time in the Word? How much time?
- Do you spend daily time in prayer? How much time?
- Do you regularly attend church?
- When was the last time you shared the gospel? How did it go?
- Do you regularly serve in the church? What do you do?

Take Action

Write down one way this week you can grow in at least one area of ministry to others.

-

Pray

Pray for each other and ask God for the faith to rely on His power and to grow as a disciple in the areas where you are weak.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 7. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **Matthew 28:18-20**. Review previous memory verses.
- Pray in faith for each member of your group, your pastor, and your church.
- Continue to pray in faith for and minister to the 3-5 lost people on your prayer list and your new friend(s) who are lost.
- **Make sure you read ahead for next week, do your homework, and come prepared.**

LOOKING AHEAD TO LESSON 7

There are **three** parts to **Lesson 7**.

Part 1 - Prepare

- Before you show up to your meeting:
 - Read through all three parts of Lesson 7.
 - Choose and practice an evangelism presentation.
 - Work through the testimony development worksheet.

Part 2 - Meet

- Come to your meeting prepared to present the gospel using your evangelism resource to your whole team and practice your testimony with your teammates.

Part 3 - Go

- Make a plan to go with your team leader to share the gospel.
- Use both your testimony and the evangelism tool you chose.

Lesson 7: Gospel & Testimony

Part 1 - PREPARE

In order to prepare for your Lesson 7 meeting, you will need to do **both** of the following before you show up to your TuTimTeam:

1. Choose and practice an evangelism sharing resource.
2. Work through the testimony development worksheet and come ready with your written testimony.

EVANGELISM SHARING RESOURCES

Feel free to use whatever method of sharing the gospel you prefer. If you are not familiar with any or would like to refresh, find a printed or online resource. Take time to learn how to present the gospel so you are comfortable and natural when you talk to others.

Recommendations:

- Roman's Road - <https://www.gotquestions.org/Romans-road-salvation.html>
- Three Circles - <https://www.namb.net/evangelism/3circles/>
- The Bridge - <https://www.navigators.org/resource/the-bridge-to-life/>

Which evangelism method did you choose? Write key points or draw it here:

HOW TO DEVELOP YOUR TESTIMONY

Before you meet with your team, work through this worksheet and write out your testimony. Be prepared to share your testimony without notes.

Part 1 – Identifying the Testimony Themes of Your Life:

Check off the themes that describe your life and how God has changed your life.

- Worries/Anxiety → Inner Peace
- Guilt/Shame → Forgiveness
- Anger/Temper → Patience and love
- Emptiness/Lack of Purpose → Purpose in life
- Grief → Comfort and joy
- Stress/Burnout → Power for living
- Low self-esteem → Significance to God
- Poor health → Strength to go on
- Disappointment → Trust in God's good plans
- Insecurity → Confidence and security
- Regrets → A second chance at life
- Discontent/Always busy → Contentment and peace
- Fears → Faith to face my fears
- Loneliness → He's always with me
- Addictions/Habits → Power to change
- Self-centeredness → Love for other people
- Despair Depression → Hope
- Cheap thrills → Real, lasting happiness
- Boredom with my life → Adventure with God
- Fear of Death → Assurance of heaven
- "Something was missing" → Sense of fulfillment
- Bitterness & Resentment → Freedom from my past
- Pain of rejection → God's unconditional love
- Marriage Problems → Changes in my marriage
- Financial Problems → Changes in my finances
- Business Problems → Changes in my business

The most predominant theme in my life is _____

Part 2 – Writing Your Testimony

1) What was your life like before Christ?

- What were some common circumstances and attitudes from your life that an unbeliever would identify with?
- What was most important to you?
- What substitute for God did you use to find meaning in your life?
(sports/fitness, success, marriage, sex, money, drugs/alcohol, hobbies)

2) How did you realize you needed Christ?

- What significant steps led up to your conversion?
- What needs, hurts, or problems made you dissatisfied with the way you were living without God? (Choose theme)
- How did God get your attention?
- What motivated you?

3) How did you surrender your life to Christ?

- What specifically did you do to step across the line?
- Where did it happen?
- What did you say in your prayer?

4) What difference did Jesus make in your life?

- What benefits have you experienced or felt?
- What problems have been resolved?
- How has Jesus helped you change for the better?
- How has it helped your relationship? Give a current example.

WHAT TO LOOK FOR IN A TESTIMONY

1) It should be 2 minutes (time it!).

Type 250 words and see how long it takes to share it. Go from there.

2) Avoid “religious” phrases and idioms that won’t be understood.

- Asked Jesus into my heart
- Born again
- Walked down the aisle
- Washed in the blood
- Baptized with the Holy Ghost

Part 2 - MEET

Introduction time: Quote Matthew 28:18-20 and share a Jesus story from the week.

Goal check-up:

- What did God teach you as you prayed through Matthew 28:18-20?

DRAW THE DISCIPLE'S CROSS

PRACTICE SHARING

Share your **evangelism** presentation in front of the whole class. Then, pair up and practice sharing your **testimony**. Use the criteria below to help each other refine your testimony to make it as effective and natural as possible.

As you listen to your team member's testimony, look for these four components:

1) Before Christ

- Did they talk **BRIEFLY** about what their life was like before encountering Jesus?
- Did they talk about aspects that would relate to the audience?

The temptation is to spend a lot of time here, resist that temptation.

2) Encounter with Christ — the MEAT of their story.

- Did they explain what happened?
- Did they include details of how they gave their life to Christ?
- Did they CLEARLY and SIMPLY communicate the gospel?
 - All have sinned.
 - The penalty of sin is eternal separation from God.
 - Christ paid the penalty by dying on the cross.
 - Jesus is alive — God raised him from the dead.
 - We can be forgiven and restored by accepting God's free gift of salvation.

3) After Christ — how their life is DIFFERENT now.

- Did they share how Jesus is continuing to **shape** and **change** their life?
- Did they talk about the **joy** they have in knowing Jesus and spending time with Him?
- Did they talk about the present and how Jesus is **active** in their life?

4) Did they end with an ENGAGING QUESTION that relates to their story?

For example,

- Have you ever heard anything like this?
- Have you had a time in your life when you felt (lost, alone, scared, etc)?
- Do you have any questions about what I've shared?
- Would you like to become a follower of Jesus like me?

TESTIMONY EVALUATION SHEET

Give your manual to the team member you are sharing with. Have them check off the components you use and leave comments in your manual for future reference. This activity doubles as a great team-building exercise.

Evaluator: when they are finished sharing,

- Give POSITIVE feedback first.
- Then share areas that need improvement.

Evaluator Name: _____ Notes:

- Life before Christ
- Meeting Christ (gospel)
- Life Since Christ
- Closing Question

Time: _____

Evaluator Name: _____ Notes:

- Life before Christ
- Meeting Christ (gospel)
- Life Since Christ
- Closing Question

Time: _____

Evaluator Name: _____ Notes:

- Life before Christ
- Meeting Christ (gospel)
- Life Since Christ
- Closing Question

Time: _____

Evaluator Name: _____ Notes:

- Life before Christ
- Meeting Christ (gospel)
- Life Since Christ
- Closing Question

Time: _____

Take Action

Go share the gospel with at least one unbeliever.

Pray

Pray for each other as you seek to share the gospel and for those that you will share the gospel with.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 8. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **2 Timothy 2:2**. Review previous memory verses.
- Pray in faith for each member of your group, your pastor, and your church.
- Continue to pray in faith for and minister to the 3-5 lost people on your prayer list and your new friend(s) who are lost.
- **Be prepared to discuss Chapter 2 of *Growing Up*.**
- **Complete Part 3 - Make a plan to GO share the gospel within the next week (two weeks at most).**

Part 3 - GO

GO AND DO

Choose a time and a place that you can go with your leader to share the gospel.

Your leader will lead out and share the gospel first. Then, it is your turn to share the gospel with someone who is not a believer. After your attempt to share, take a moment and figure out if the person you spoke with was a red, yellow, or green light.

- Red light - they shut you down immediately.
- Yellow light - they put up with you or were mildly interested.
- Green light - they were interested in hearing the gospel.

If a person is a **green light**, make sure you get their contact information and do your best to schedule a follow-up meeting, whether they followed Jesus or not.

If they were a **yellow light**, use your judgment as to whether to not to get contact information and to try and follow up.

HOW TO FOLLOW UP

Make sure you remember their name and get a way to contact them.

Follow up quickly.

Make sure to follow up within 24 hours. Don't play the same games you played in high school about whether you are coming off as too needy. That being said, don't be weird about it either. Tell them it was great meeting them and ask if they would like to get coffee or lunch or meet up somewhere to hang out and continue the conversation.

Don't give up if they don't respond immediately.

If they don't respond the first time, try to contact them a second time within the next week. Some people won't respond to texts. Others won't answer a phone. If they don't respond to one method, try the other at least once. If they still do not respond, put a reminder in your phone to follow up with them in two weeks and to try one more time. The whole time be in prayer for them that God would work in their life and that they would be open to meeting with you and responding to the gospel.

Lesson 8: Disciple-Making Movement

Introduction time: Quote 2 Timothy 2:2 and share a Jesus story from the week.

Goal check-up:

- What did God teach you as you prayed through 2 Timothy 2:2?
- Were you able to share the gospel with someone who is lost? Share how it went.

DRAW THE DISCIPLE'S CROSS

WHAT IS A DISCIPLE?

Secular dictionaries define a disciple as: *one who accepts and spreads the message/teaching of another person.*

So, who or what do you talk about most?

Now, let's look at how Jesus defines a disciple.

Read Matthew 13:1-23. What are the four soils?

Talk about examples of who falls into each category of soil.

THE PARABLE EXPLAINED

The first soil is described as a PATH.

The seed represents people, both inside the church and outside the church, who have been exposed to the gospel but never truly allowed the gospel to penetrate their hearts. This person doesn't produce fruit because they have never truly accepted the gospel. Satan snatches it away. A person may even think they are a Christian, but they are not. This might be you today. Have you truly accepted Jesus as your Savior AND Lord? Have you observed a transformation in your life?

The second soil is described as ROCKY soil.

Rocky soil represents a person who allows external influences to determine their fruitfulness. This person doesn't produce fruit because they fear being mocked or persecuted. They fear that if they speak up about their relationship with Jesus that they may lose a friend, a promotion, or some other benefit they currently enjoy.

The third soil is described as THORNY soil.

Thorny soil represents a person who allows internal influences to keep them from being fruitful. The passage tells us this is a sin of the heart. When our heart is full of pride, lust, laziness, selfishness, greed, or envy, we cannot be fruitful.

The fourth soil is the GOOD soil.

Good soil is the only soil that produces fruit. Jesus describes this soil as producing 30, 60, and 100 times what has been sown. This means that not all soil produces the same amount of fruit, but all good soil will produce fruit. There is no clause for producing no fruit. Sometimes, people will say, "I don't have the gift of evangelism." Ok, maybe you don't, but you're not off the hook. You may not produce 30, 60, or 100 and that's ok. However, if you are a believer, the expectation is that you will be a disciple who produces fruit.

So what is the fruit of a disciple?

If we consider that fish produce fish, horses produce horses, mango trees produce mangos, cows produce cows and humans produce humans, the conclusion for us is that disciples produce disciples.

What soil are you today? Are you a disciple in good soil? Why do you think so?

If you are in good soil, will you become part of a disciple-making movement?

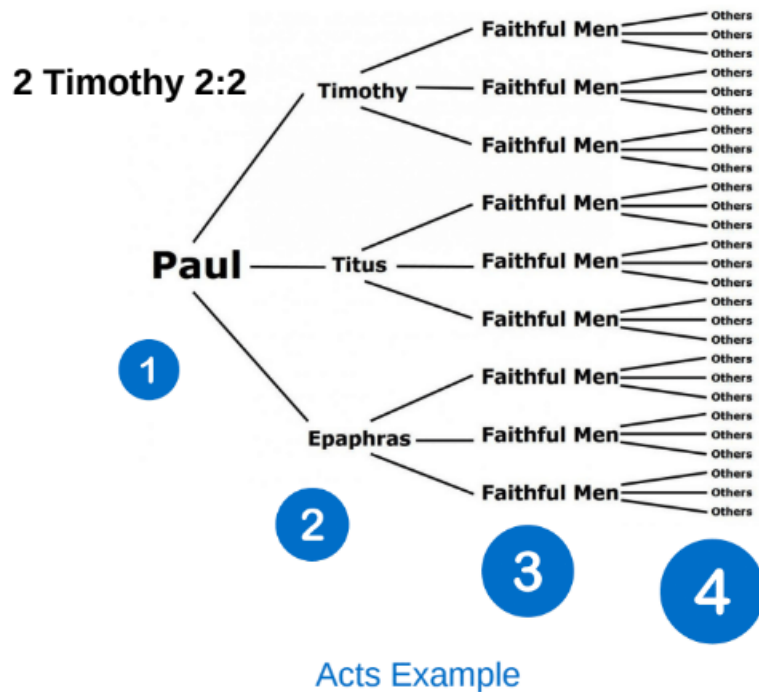
WHAT IS A DISCIPLE-MAKING MOVEMENT?

A disciple-making movement is a rapid and exponential increase of disciples making disciples. This type of movement spreads wide and deep to multiple streams of four generations of disciples.

We often think that things like this happen in faraway places but that is not the reality of what we see. Movements are already happening in the USA. It's possible in Milton, Florida, if people at Avalon Baptist Church have the correct posture and process!

In Romans 15:23, Paul states that there is no place left for him to work....in ASIA!! How can Paul, with no car, cellphone, internet, or airplane cover such a large expanse in 12 years? How is it possible that there are people in Santa Rosa County and Pensacola that have never heard the gospel?

This diagram is an illustration of Paul's multiple streams of fourth-generation disciples. Sometimes, this is called a 1-3-9 model. As you can see, Paul discipled three. Then, Timothy, Titus, and Epaphras discipled three. Each faithful man discipled three more. The key to 1-3-9 success is finding people that want to pursue a disciple-making movement.



What would happen in our church and our community if every believer accepted the responsibility of pursuing four generations of disciples?



Modern Day Example

This diagram is an illustration of what God is currently doing in countries around the world including the USA. The generational map above reflects two years of disciple-making movement work. This work was accomplished through people that had full-time jobs, kids, and other responsibilities.

How?

- They pursued a spiritual posture for God to move in them and through them.
- They applied a process that was proven effective around the world.
- They used simple tools.

More importantly, this group of people realized that the same Holy Spirit that was working in Acts is the same Holy Spirit that is working among us today.

Are you willing to do what it takes to see God move in a big way?

40%

Why is this important to know?

Sadly, 40% of the population of Florida has no religious affiliation. The percentage of lostness increases as we recognize that there are multiple false religions and cults. To make matters worse, we also know that some professing Christians do not have a personal relationship with Jesus Christ. As sad as it is to think about, it's also important to remember that we have what they need! We have the Good News of Jesus Christ.

Will you become part of a disciple-making movement that seeks to share the gospel with the lost, disciple those who come to faith, and send them out to make disciples?

THEN GO SHARE THE GOSPEL THIS WEEK AND EVERY WEEK!

GROWING UP DISCUSSION

Write down and be ready to discuss at least one idea that stood out to you in **Chapter 2**

-

Take Action

Write down names of people you can invite to your TuTim Team in the next rotation.

-
-
-

Pray

Pray for each other to be fully surrendered to being disciples and disciple-makers.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 9. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **Romans 12:1**. Review previous memory verses.
- Pray in faith for each member of your group, your pastor, and your church.
- Continue to pray in faith for the 3-5 lost people on your prayer list. Minister to and share the gospel with one of them.
- Continue to grow the friendship you made with the person who is not a believer.
- **Be prepared to discuss Chapter 3 of *Growing Up*.**
- **Begin praying through whom you can disciple.**

Lesson 9: Worship

Introduction time: Quote Romans 12:1 and share a Jesus story from the week.

Goal check-up:

- What did God teach you as you prayed through Romans 12:1?
- Were you able to share the gospel with someone who is lost? Share how it went.
- Did anyone come to mind as you prayed through who you can disciple?

DRAW THE DISCIPLE'S CROSS

POSTURE

In our first meeting, we discussed posture. How we must posture ourselves spiritually so that God can use us for His Kingdom and His Glory, and how we do so by making sure that our spiritual disciplines as disciples are solid.

We have discussed five postures, and now we will discuss five more. Don't grow weary. Rather grow in the spiritual disciplines in order to posture yourself for God to move in you and through you.

Here Are The Five New Postures We Will Learn

Worship

How's your worship? Not just the Sunday morning singing at church. Yes, that is worship, but worship should be a daily experience.

Surrender

We know the word surrender. We say, "Jesus is Lord." Is He? Or is there an area of your life that you won't surrender to Him?

Fasting

Jesus fasted. The disciples fasted. Paul fasted. This must be a healthy practice. When was the last time you fasted?

Waiting

As we pursue the Lord do we wait for Him to reveal his will and his plans to us? Waiting also requires being still and listening. So, how's your waiting?

Humility

We know the word and definition of humility, right? Are you humble before God? Do you show humility to others?

WORSHIP

Now that we have done a quick inventory of the five new disciplines, let's spend time today looking at Worship

Read the following verses and summarize what they teach about worship:

- Psalm 63:3-4
- Psalm 86:9-10
- Psalm 100
- Isaiah 25:1
- John 4:24
- Romans 12:1-2
- Hebrews 12:28-29

Practical Ways That We Can Worship

Worship through Music.

The Psalms include more than 100 references to singing and music. So worshiping through music is important to the Lord. However, music is only one method of worship, not the only method.

Worship through Praise and Thanksgiving.

Praise means simply telling God how great He is - praise Him for His love, His forgiveness, His patience, His creation, His gifts, for anything and everything. Thanksgiving is similar. Instead of praising Him for who He is, we thank Him for what He has done for us.

Worship through Giving.

When you worship through giving, you are saying to God, "All I have is Yours." God does not need your money, but He wants your heart. He does not need your time or talent, but He invites you to partner with Him in sharing the gospel. Giving is worship because it is a privilege. The Lord does not need anything from His creation, but He blesses us with the opportunity.

Worship through Serving.

Serve others, serve at the church, serve your family. Serve because Jesus came as a servant. One way to serve others is to ask them a simple question: "How may I help you?" Another way to serve others is to read what the Bible says in all the "one another" passages and live them out (John 13:34; Romans 14:19; Galatians 6:1-2; James 5:16, and more).

Worship in the Daily-ness of Life.

God does not despise the small offerings we give Him (Mark 8:7; 12:42). So, in the daily-ness of life, worship God by being faithful in the small jobs He has given you: laundry, dishes, working, raising children, and paying bills. Faithfulness in small things results in larger opportunities to be faithful (Luke 16:10; 1 Corinthians 4:2). How? Praise God for children who make dirty clothes while doing the laundry. Thank God for a healthy family while fixing meals. Listen to God speak to you in the quiet of your commute as you turn off all outside noises. Sing worship songs to Him in your car.

What are other ways that you have found to worship God?

What does worship look like in your life?

Is God pleased with your worship? Why or why not?

***GROWING UP* DISCUSSION**

Write down and be ready to discuss at least one idea that stood out to you in **Chapter 3**

•

Take Action

Worship God this week through each way described on the previous page.

Pray

Pray for each other to worship God well in every area of your lives.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 10. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **Galatians 2:20**. Review previous memory verses.
- Pray in faith for each member of your group, your pastor, and your church.
- Share the gospel. Keep praying for those you know who are lost.
- Keep praying through whom you can disciple.
- **Be prepared to discuss Chapter 4 of *Growing Up*.**
- **Be mindful of how you worship God through music, praise and thanksgiving, giving, serving, and in the daily-ness of life this week.**

Lesson 10: Surrender

Introduction time: Quote Galatians 2:20 and share a Jesus story from the week.

Goal check-up:

- Have you been able to begin a friendship with someone who is not a believer?
- What did God teach you as you prayed through Galatians 2:20?
- How was your worship this week?

DRAW THE DISCIPLE'S CROSS

SURRENDER

Read Matthew 19:16-29

What do we learn Jesus requires?

What do we learn about the young man?

Read Mark 8:34-38 and Galatians 2:20

What do we learn about surrender?

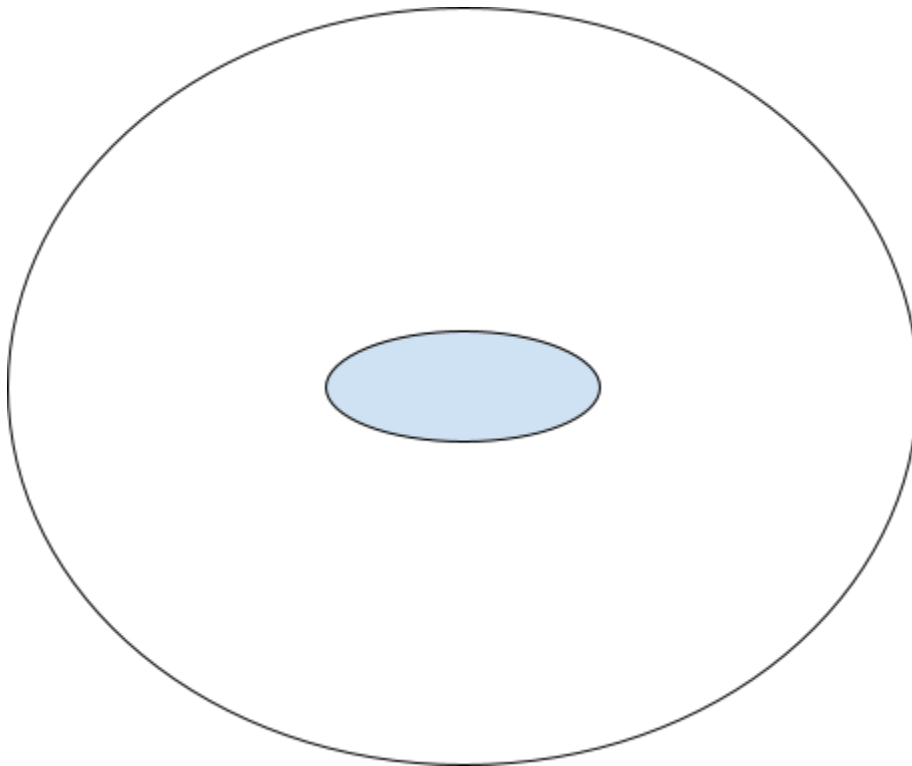
PIE CHART

Think through the amount of time and money you spend on activities each week. You have 168 hours each week. Break down your week by hours to see where you spend the most time and money spent. Feel free to add your own.

Work___ Spouse___ Children___ Church___ Hobbies___ Discipleship___
Personal time with God___ Social media___ Eating___ Housework___
Time with friends___ Travel___ TV/Games___ Sleep___ Shopping___

Now you know what are the most important aspects of your life.

Write your name in the center blue oval. Now make a pie chart that illustrates the most important aspects of your life using your percentages from above. Your pie chart may have 3,4,5,6 or more pieces, that's up to you.



Reflect on each of the aspects that you included in your wheel and determine if Christ is Lord in each aspect of your life. **Draw a chair/throne in each area on your pie chart that you have surrendered to Jesus.**

Do any of the aspects of your life that you wrote down come before God? Which ones?

Which activities can you **reduce** or **remove** to make more time for serving God and others?

Which activities can you **redeem** for serving God and others?

For example, can you redeem your hobbies and make them an outreach opportunity?

Can you redeem your video game time as an outreach or fellowship opportunity?

Oftentimes, we look at the story of the rich young ruler that stood face-to-face with Jesus and we think, "Wow. He blew it. He had Jesus right there and he walked away!" What about you? Jesus continues to call us to follow Him and sometimes that means giving up a prized possession. We talked about making Jesus the number one priority in our life in Lesson 2. Is there something in your life that you are still not willing to surrender in order to be "ALL IN" with your relationship with Jesus?

Think about each aspect as we look at what surrender means.

Surrender means I relinquish my rights and give complete control to Jesus.

Surrender is not the same thing as commitment. Commitment implies control and the ability to decommit. Surrender means you wave the white flag and give up all control. Surrender is total and unconditional.

Surrender means that I worship Jesus and not the gifts he gave me.

People worship other people. People worship their children. People worship their work. People worship their money. People worship their vacation spots. People worship knowledge. People worship their pets. Don't do that! Worship Jesus! Give thanks for everything, but don't make them your highest priority. Surrender your job, your money, your vacations, and your kids to Jesus.

Surrender means to give every nook and cranny of our lives to Jesus.

Do you say, "Lord I'll give you 85% but I want to keep this small little piece for me"? What part of your life is still yours? What part have you not surrendered?

Surrender means we are emptied of ourselves.

We cannot be filled with the Spirit unless we surrender our will. Which will it be, His will or your will?

Surrender means we are willing to change when God tells us to.

This is a common mistake we can make and should be careful to avoid. It is good to stay committed to the instructions the Lord gave you until He gives us a fresh word. However, if you hold onto the old when God changes your direction, you choose comfort instead of surrender.

Surrendering to Him is not only for His glory but for our pleasure and enjoyment.

Why is surrender so difficult? We think that if we say, "Yes" to God, He will bring misery to our lives. Psalm 16:11 tells us otherwise.

Refusal to surrender might mean that our theology of God's goodness is wrong.

Don't be afraid to surrender. God is not looking for ways to punish you or harm you. He's a loving God, full of goodness and mercy with an incredible passion for being in a relationship with each of us. This does not mean no harm will ever come to us, but we have confidence that all things work for the good of those who are in Jesus. On the flip side, when you don't surrender and you do walk outside of God's will, you don't have the same promise and you will find that you will be miserable.

Commitment and Surrender

Below is a story told by Adrian Rogers that perfectly illustrates the difference between commitment and surrender.

Dr. Rogers interviewed Romanian pastor, Josef Tson, who suffered during the Communist reign in his country. Dr. Rogers asked about his impression of American Christianity. With some reluctance, Josef shared his impression, "The key word in American Christianity is commitment. The word commitment did not come into great usage in the English language until about the 1960s. In Romania, we don't even have a word to translate the English word commitment. If you were to use commitment in your sermon tonight, I would not have a proper word to translate it with." Josef continued, "When a new word comes into usage, it generally pushes an old word out. I began to study and found the word commitment replaced. Adrian, the old word that is no longer in vogue in America is the word surrender." "Josef", Dr. Rogers asked, "what is the difference

between commitment and surrender?" Josef said, "When you make a commitment, you are still in control, no matter how noble the thing you commit to. One can commit to pray, to study the Bible, to give money, to make car payments, or to lose weight. But surrender is different. If someone pointed a gun at you and asks that you lift your hands in the air as a token of surrender, you don't tell that person what you are committed to. You simply surrender and do as you are told. Americans love commitment because they are still in control. But the key word is surrender. We are to be slaves of the Lord Jesus Christ."

Blank Sheet of Paper

Imagine in your morning devotional, God prompts you to take a blank piece of paper. With anticipation, you pull it out and grasp your pen. You are ready to write because God is speaking.

God then says, "This is a contract for the day. Sign the contract at the bottom of the page." You look at the blank sheet. Nervously you respond, "Ok, Father. I will sign it. But what are the terms of the contract? The page is blank. Fill it out so I can sign it." Your Father pauses and then His gentle voice says, "My child, I will not tell you ahead of time. Just sign it and I will fill in the details."

Total surrender does not include negotiation. The terms are unconditional.

Are you ready and willing to surrender everything to Jesus?

GROWING UP DISCUSSION

Write down and be ready to discuss at least one idea that stood out to you in **Chapter 4**

-

Take Action

If there are areas in your life you have not fully surrendered to God, write down one or more ways you will surrender to him this week.

-
-

Pray

Pray for each other to be unconditionally surrendered to Jesus in every area of your life.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 11. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **Psalm 27:14**. Review previous memory verses.
- Pray in faith for each member of your group, your pastor, and your church.
- Share the gospel. Keep praying for those you know who are lost.
- Keep praying through whom you can disciple.
- **Be prepared to discuss Chapter 5 of *Growing Up*.**
- **Work on surrendering to God this week.**

Lesson 11: Waiting

Introduction time: Quote Psalm 27:14 and share a Jesus story from the week.

Goal check-up:

- What did God teach you as you prayed through Psalm 27:14?
- How did you surrender to God this past week?
- Were you able to minister to or share the gospel with someone who is lost?

DRAW THE DISCIPLE'S CROSS

WAITING

Seven Examples of Waiting

1) Job - A Man of Patience.

Job's story is a powerful story of patience and trust in the Lord. Job was afflicted with sores all over his body. He also lost his house, children, and business.

Despite all the suffering, Job never cursed God. Instead, he waited for God to smile on him again. In the end, God restored double fold all Job had lost.

2) The Promised Child.

In Genesis 18:1-15 and Genesis 21:1-7, God promised to grant Abraham and Sarah a child. Sarah couldn't believe it. She was too old, her time had passed,

and it was impossible in her mind. Abraham and Sarah waited, and God gave them a son.

3) Daniel's Prayer.

In Daniel 9:1-19, Daniel prayed fervently for the Lord to spare Jerusalem from his wrath. Although Daniel had to wait 21 days for a response, we see in chapter 10:1-12, that the Lord had heard his prayer the same day it had been asked.

4) The Woman with the Issue of Blood.

In Mark 5:21-34, we read of the lady with an issue of blood who was healed when she touched Jesus' garments. This woman suffered from this issue for twelve years, unable to be relieved of the problem by doctors. She had to wait to be healed.

5) The Man at the Pool.

In John 5:1-15, we read about Jesus and the invalid who waited at the poolside of Bethesda for 38 years. This man had no hope of getting into the pool to be healed, and he was greatly discouraged. Jesus, however, cured the man just by telling him to get up and walk.

6) Lazarus Lives.

John 11:1-44 tells the story of how Lazarus died yet ultimately lived. Lazarus had been dead for four days when Jesus finally arrived to heal him. The friends and family of Lazarus waited for Jesus to come to the tomb of Lazarus.

7) Disciples were told to wait.

In Acts 1:4, Jesus was preparing to return to heaven. Before doing so, Jesus told His disciples to go to Jerusalem and wait.

"Sometimes, believers use 'I'm waiting for God to reveal His calling on my life' as a means of avoiding action. Did you hear God calling you to sit in front of the television yesterday? Or to go on your last vacation? Or exercise this morning? Probably not, but you still did it. The point isn't that vacations or exercise are wrong, but that we are quick to rationalize our entertainment and priorities yet are slow to commit to serving God." Francis Chan, Crazy Love

Is it easy or difficult for you to wait on God? Explain.

Is there a time that you waited on God and He provided a speedy reply? When? How?

Is there a time that you waited on God but felt that He wasn't listening?

Is there something that you have prayed to God about and continue to wait for a reply?

GROWING UP DISCUSSION

Write down and be ready to discuss at least one idea that stood out to you in **Chapter 5**

-

Take Action

Write down how you can be faithful to wait on God's timing in whatever He brought to mind during your prayer time.

-

Pray

Pray for each other to be patient to wait in whatever area God is calling you to wait in, whether it be health, interpersonal, job, spiritual, or whatever it may be.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 12. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **Matthew 6:17-18**. Review previous memory verses.
- Pray in faith for each member of your group, your pastor, and your church.
- Share the gospel. Keep praying for those you know who are lost.
- Keep praying through whom you can disciple.
- **Be prepared to discuss Chapter 6 of *Growing Up*.**
- **Practice waiting on God this week.**

Lesson 12: Fasting

Introduction time: Quote Matthew 6:17-18 and share a Jesus story from the week.

Goal check-up:

- What did God teach you as you prayed through Matthew 6:17-18?
- How has your daily quiet time been beneficial to you?
- How did you wait on God this past week?

DRAW THE DISCIPLE'S CROSS

FASTING

Traditionally, fasting is abstaining from **food** for a certain period of time. There are different types of fasting in the Bible. All but one include **food**. Many people in the Bible fasted, including Moses, David, and Daniel in the Old Testament. Jesus, Paul, Anna, and the Church in Antioch in the New Testament. Many important figures in Christian history attested to the value of fasting, as do many Christians today.

The purpose of fasting is not to get God to respond to you like a genie in a bottle who grants your every wish. Rather, fasting is seeking after God's heart. Biblical fasting comes from a humble heart seeking God. This is what sets apart biblical fasting from other religious and cultural practices around the world.

Biblical fasting is often closely linked to repentance, as in the examples of David, the nation of Israel, and the city of Nineveh. Fasting is also related to passionate prayer, as in the examples of King Jehoshaphat and Queen Esther.

FOUR TYPES OF FASTING

1. Regular Fast

A regular fast is done by abstaining from **all food**, both solid and liquid, except for water. This is the type of fasting Judah's King Jehoshaphat called for when his country was confronted with invasion (2 Chronicles 20:3). The Lord defeated their enemies, and the men of Judah blessed the Lord (2 Chronicles 20:24-27). After the Babylonian Captivity, the people returning to Jerusalem prayed and fasted, asking God for His protection on their journey (Ezra 8:21).

2. Partial Fast

A partial fast is done by abstaining from **certain foods**. We see this example in Daniel who spent three weeks fasting from certain foods because of his grief over Israel (Daniel 10).

3. Absolute Fast

An absolute fast is done by abstaining from **all food and water**. When Esther discovered the plan for all the Jews to be killed in Persia, she and her fellow Jews fasted from food and water before she entered the king's courts to ask for his mercy (Esther 4:16). After Saul's conversion, he had a time of blindness and fasting (Acts 9:9). In the cases of Esther and Saul, the absolute fast only lasted three days. However, Moses and Elijah took part in miraculous, forty-day absolute fasts. When Moses met God on the mountaintop to receive the tablets of stone, he ate no bread and drank no water (Deuteronomy 9:9). And, after Elijah defeated the prophets of Baal, Elijah fled for his life and spent forty days of fasting in the wilderness (1 Kings 19).

4. Sexual Fast

The Bible also mentions a sexual fast, although not by that name. In Exodus 19:15, the people of Israel were to prepare for their encounter with the Lord at Mt. Sinai, and part of their preparation was to abstain from sexual relations for three days. And in 1 Corinthians 7:5 Paul says that a married couple can mutually agree to abstain from sex for a short period of time in order to devote themselves to prayer. But then they are to "come together again so that Satan will not tempt you because of your lack of self-control."

FASTING FOR BEGINNERS

Fasting is counter-cultural in our consumerist society. If we are to learn the lost art of fasting and enjoy its fruit, it will not come with our ear to the ground of society, but with Bibles open. Then, the concern will not be whether you fast, but when will you fast. Jesus assumes his followers will fast, and even promises it will happen. Jesus himself fasted and taught on fasting. Jesus doesn't say "if," but "when you fast" (Matthew 6:16). And he doesn't say his followers might fast, but "they will" (Matthew 9:15).

What to Fast From?

You are being asked to fast from **food**. It is not wrong to fast from social media, or TV, or some other things. After all, there is no such thing as too little TV or social media time. However, all but one type in Scripture deals with food. Jesus himself fasted from food. So you are being asked to fast from food because it is Biblical and no other type of fast creates greater discomfort than being desperately hungry. Allow your discomfort and your weakness to make you rely on Jesus more and more.

If you have legitimate medical reasons that prevent you from fasting food, then think about how to alter your diet. Consider getting the calories you need to be healthy, but eating smaller portions or fewer calories so you still feel hunger pangs during the day.

If you really and truly can't fast from calories at all, then choose something that would actually be a sacrifice to go without during your day. Think of Daniel not eating meat for a season. Cut out sugar, caffeine (coffee/soda/tea), your favorite daily snack, or whatever will make you uncomfortable and create in you a deeper hunger for God.

As you decide what to fast from, remember fasting is intended to be a means of humbling ourselves before God and showing God that we desire his glory more than our glory and our comfort. Fasting is supposed to be uncomfortable.

Fast and pray to show God that you desire to see him act. Fast and pray to show God that you desperately desire for him to work among you and through you. Namely, that you, your team, and your church would become increasingly more passionate about sharing the gospel and discipling new believers.

How to Fast?

Start small.

Don't go from no fasting to attempting a week-long fast. Start with one meal. Maybe fast for one meal a week for several weeks. Then work your way to not eating from dinner one night until midday around 3:00 pm the next day. Work this into your weekly schedule. On occasion, go longer. Do a day-long fast and work your way to the yearly three-day or week-long fast. It's not recommended that you abstain from water during a fast of any length.

A good goal to shoot for is the John Wesley fast. Where you fast from dinner the night before until 3pm the next day. This means no late night snacks!

Plan what you'll do instead of eating.

Fasting isn't merely an act of self-deprivation, but a spiritual discipline for seeking more of God's fullness. Make a plan for what spiritual pursuit to undertake in the time it normally takes you to eat. One significant part of fasting is the time it creates for prayer and meditation on God's word or some act of love for others. Before diving headlong into a fast, craft a simple plan. Connect it to your purpose for the fast. Each fast should have a specific spiritual purpose. Identify what that is and design a focus to replace the time you would have spent eating.

Without a purpose and plan, it's not Christian fasting, it's just going hungry.

Consider how your fast will affect others.

Fasting is not a license to be unloving. It would be sad to lack concern and care for others around us because of this expression of heightened focus on God. Love for God and for neighbors go together. If anything, others should even feel more loved and cared for when we're fasting. So as you plan your fast, consider how it will affect others. Try to pick a day when you don't have regular lunch meetings. If you can't, assess how your abstaining will affect those you meet with. Let them know ahead of time, instead of just being a no-show or springing it on them in the moment. Also, consider this backdoor inspiration for fasting: If you make a daily or weekly practice of eating with a particular group of friends or family, and those plans are interrupted by someone's travel or vacation or unusual circumstances, consider that as an opportunity to fast, rather than eating alone.

Based on your schedule, what day would be easiest to consistently fast?

Try different kinds of fasting.

The typical form of fasting is personal, private, and partial, but we find a variety of forms in the Bible: personal and communal, private and public, congregational and national, regular and occasional, or absolute and partial. In particular, consider fasting together with your TuTim Team, family, small group, or church. Do you share together in some special need for God's wisdom and guidance? Is there an unusual difficulty in the church, or society, for which you need God's intervention? Do you want to see unbelievers come to faith in Jesus? Plead with special earnestness for God's help by linking arms with other believers to fast together.

What can your TuTim Team fast together about this week?

Don't think of white elephants.

When your empty stomach starts to growl and begins sending your brain every "feed me" signal it can, don't be content to let your mind dwell on the fact that you haven't eaten. If you make it through with an iron will that says no to your stomach, but doesn't turn your mind's eye elsewhere, it says more about your love for food than your love for God. Christian fasting turns its attention to Jesus or some great cause of his in the world. Christian fasting seeks to take the pains of hunger and transpose them into the key of some eternal anthem, whether it's fighting against some sin, pleading for someone's salvation, for the cause of the unborn, or longing for a greater taste of Jesus.

When hunger strikes, ask yourself if you are more hungry for food or for God to act?

Is fasting already part of your life? If so, what does it look like in your life?

**Use the PRAYER AND FASTING WORKSHEET
on the next page to help you make a plan**

PRAYER AND FASTING WORKSHEET

Step 1 - Determine your focus

- Determine what your focus will be during the fast.
- What is important to God?
- What is important to me?
- Get your game plan together.

Step 2 - Set your objective:

"I am fasting and praying towards _____?"

- Spiritual renewal
- Guidance
- Healing
- Revival
- Resolution of problems
- Special grace to handle a situation
- Finances
- Ministry
- Family
- Salvation of others
- Something else?

"I am fasting from _____?" (foods, meals, media, etc.).

Step 3 - Make a plan

- How much time will you devote each day to prayer and God's Word?
- Increase time for prayer.
- Increase time in the Word.
- Schedule a two-hour block of time to sit in a solitary place to pray.

Step 4 - Prepare yourself spiritually

- Ask the Lord to help you.
- He is waiting and loves the fact that He will get more time with you.
- Have your Bible, journal, and pen.

Step 5 - Expect results

GROWING UP DISCUSSION

Write down and be ready to discuss at least one idea that stood out to you in **Chapter 6**

-

Take Action

Commit to fasting one day this week. Write down what type of fast you will do (regular or partial), what day you will fast, and how long you will fast for (one meal, two meals, until 3 pm, three meals, etc.)

- Type:
- Day:
- Length:

Pray

Pray for each other to have the faith to fast this week and for wisdom in making a plan to use their time of fasting to seek God.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 13. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **James 4:6**. Review previous memory verses.
- Pray in faith for each member of your group, your pastor, and your church.
- Share the gospel. Keep praying for those you know who are lost.
- Keep praying through whom you can disciple.
- **Be prepared to discuss Chapter 7 of *Growing Up*.**
- **Fast during one day this week.**

Lesson 13: Humility

Introduction time: Quote James 4:6 and share a Jesus story from the week.

Goal check-up:

- What did God teach you as you prayed through James 4:6?
- How has your daily quiet time been beneficial to you?
- Did you fast? Talk about how your time of fasting went.

DRAW THE DISCIPLE'S CROSS

HUMILITY

Humility vs Pride

Humility is defined as a modest view of one's own importance or humbleness. In the Bible, the Greek word translated as "humility" means "lowliness of mind" (Colossians 3:12).

Jesus' Example

There is no greater example of humility in the entire Bible than Jesus. Paul writes of Jesus in Philippians that we should "Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves...Have this mind among yourselves, which is yours in Christ Jesus..." (Phil 2:3-11). Jesus gave up the glory He had in heaven. He gave up His place on the throne where God rules the universe. He gave up His power to defend Himself but willingly gave His life as a ransom for many.

He loved us so much that He died for us. He endured such shame, ridicule, scorn, torture, humility, and an agonizing death on the cross. Now that's humbling oneself to the point of death! What greater humility is there?

Paul's Example

Paul was on his way up in the religious world before his Damascus Road experience. But after knowing Christ, he wrote "I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ" (Phil 3:8). Paul's humility is on display when he considers himself as the least of the apostles (1 Cor 15:9), and the chief of all sinners (1 Tim 1:15).

Epaphroditus' Example

We don't hear too much from Scripture about Epaphroditus. However, when Paul was writing to the church at Philippi, he told them that he was going to send Epaphroditus to them. We learn that Epaphroditus nearly died for the sake of the gospel. Perhaps it was from exhaustion or exposure to the elements in helping Paul and delivering his letters to the church or the church at Philippi or maybe Epaphroditus was in prison with Paul for a time, but regardless of what it was, Epaphroditus poured his life into helping Paul and the church so much that he nearly died from it. He risked his life in order to be Paul's servant and right-hand man. Unless someone is humble, they wouldn't dare go this far and give this much! He esteemed Paul's life better than his own and his own life as expendable for the gospel's sake. That is a very profound sign of humility.

Read the following verses and summarize what they teach about humility:

- Proverbs 8:13
- Proverbs 11:2
- Proverbs 16:8
- Proverbs 29:23
- Romans 15:17
- 1 Corinthians 1:28-29
- 2 Corinthians 10:17-18
- 1 Timothy 6:17
- James 4:6
- 1 John 2:16

3 TYPES OF PRIDE

Check off the points that you struggle with in each type of pride.

- 1. Pride of Spirituality** - This person tries hard to prove that they are spiritual.
- They brag about NOT being materialistic.
 - They tell everyone, "I gave up a high paying career to do this ministry."
 - They feel morally superior.
 - They despise and detest sinners.
 - They insist on having certain roles in the church to prove they're spiritual.
 - They make excuses for the physical blessings in their life.
 - They talk about how much they pray.
 - They look down on the wealthy or successful.
 - They spiritualize every conversation.
 - They talk about their fasting so that people know they're fasting.
 - They think they're more spiritual or righteous than others around them.

How many did you check off?

Talk about how you can work on becoming more humble in this area.

- 2. Pride of Power** - This person tries hard to prove that they are capable.
- They are controlling. Being obeyed gives them a sense of power.
 - They implement legalistic control through excessive rules because they get satisfaction from being obeyed.
 - They won't submit to authority.
 - They excessively take care of and shield their older children.
 - They pay the consequences for their kid's irresponsibility.
 - They manipulate to keep their adult children close.
 - They try to control or sway their adult children's marriages.
 - They use women or men, and keep them hanging on.

- They want autonomy to decide how to live their life, so they won't submit or surrender to God.
- They are self-reliant because they don't want or think they need guidance, help, or wisdom from God or man.
- They need excessive credit, praise, or admiration.
- They need to feel important and base their value on accomplishments, status, wealth, or success.

How many did you check off?

Talk about how you can work on becoming more humble in this area.

3. Pride of Knowledge - This person tries hard to prove that they are smart.

- They get irritated whenever anyone tries to teach them something.
- They know it all.
- They answer "I know, I know" or "Yeah, I already knew that."
- They are too smart for formal education or training, "But what could I learn?"
- They often interrupt people mid-sentence "I don't mean to interrupt, but..."
- They finish other people's sentences "I know what you're going to say.."
- They often try to prove people wrong.
- If questioned they say, "Don't you think I know what I'm doing?"
- They don't listen to the ideas or wisdom of those they lead.
- They use big words and then explain them to you.
- They are defensive when corrected or criticized.
- They are argumentative because they just have to be right.
- They are critical and highlight others' flaws to make them feel better.

How many did you check off?

Talk about how you can work on becoming more humble in this area.

GROWING UP DISCUSSION

Write down and be ready to discuss at least one idea that stood out to you in **Chapter 7**

-

Take Action

Based on your discussion, how can you be humbled this week? Can you serve someone, love someone, or give up a privilege in a way that humbles you? Take at least one action that will humble you this week. Write down one or more ideas below.

-
-
-

Pray

Confess your times of pridefulness and repent. Pray for each other to walk in humility.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 14. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **Mark 6:34**. Review previous memory verses.
- Pray in faith for each member of your group, your pastor, and your church.
- Share the gospel. Keep praying for those you know who are lost.
- Keep praying through whom you can disciple.
- **Be prepared to discuss Chapter 8 of *Growing Up*.**
- **Humble yourself this week.**

Lesson 14: Three Crosses Bible Study 1

Introduction time: Quote Mark 6:34 and share a Jesus story from the week.

Goal check-up:

- What did God teach you as you prayed through Mark 6:34?
- Have you been able to share the gospel again? How did it go?
- How were you humbled this week?

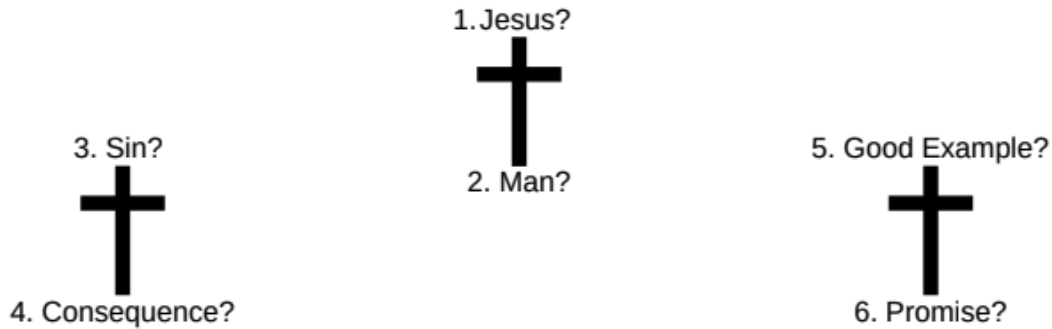
DRAW THE DISCIPLE'S CROSS

SIMPLE AND POWERFUL BIBLE STUDY

As we think about studying the Word for our own growth and studying the Word to help others grow we must have a method or tool for doing so.

Three Crosses Bible Study Tool

The Three Crosses Bible study tool is based on Luke 23. As Jesus hung on the cross, one thief mocked and hurled insults at Jesus. The thief on the other side of Jesus defended Jesus. The thief that defended Jesus was promised paradise. The thief that mocked Jesus will spend eternity in hell. All people can relate to this passage because all of us fall on one side of the cross or the other. When teaching this initial story to show a person the process, it's good to ask which thief they are most like in the story. As you look at other Jesus stories, you can apply the three crosses strategy.



STEPS TO USING THE THREE CROSSES

Read the story and ask these questions:

1. What does the story say about Jesus?

- a. What do we learn about Jesus from this story?
- b. What does Jesus do and what does Jesus say?
- c. What are his character traits?

Write your responses above the center cross (around the word "Jesus").

2. What does the story say about man?

- a. What do we learn about people from this story?
- b. What does the person/people do and what do they say?
- c. What are the character traits of the person/people in the story?

Write your responses below the center cross (around the word "Man").

3. Is there a sin in the story?

Write your responses above the cross on the left (around the word "Sin").

4. Is there a consequence to the sin mentioned in the story?

Write your responses below the cross on the left (around the word "Consequence").

5. Is there a good example (by the man/woman) in the story?

Write your responses above the cross on the right (around the words "Good Example").

6. Is there a promise in the story?

Write your responses below the cross on the left (around the word "Promise").

7. What is the Holy Spirit saying to me through this story?

Write your responses below the three crosses

8. What action do I need to take so that I am obedient to Jesus?

Write your responses below the three crosses

SEE THE EXAMPLE ON THE NEXT PAGE

Sample Bible Study, Mark 6:30-43

Jesus

vs. 30 Jesus requires accountability

vs. 31 Jesus offers the disciples an opportunity to spend time with him for the purpose of rest

vs. 34 Jesus was tired but compassionate

v. 34 Jesus changed his plans to bring the Kingdom to sheep without a shepherd

vs. 37 Jesus asked the disciples to do the impossible...He knew they couldn't do it with out him.

vs. 38 Jesus asked a question and gave a command.

vs. 39 Jesus gave instructions

vs. 41 Jesus prayed over the bread and fish and then gave it to the disciples

Sin
Doubt?



Consequence

No consequence found
in the passage.

Jesus



Man

Man (people)

vs. 30 disciples reported to their leader what they had done and taught.

vs. 31 disciples physical needs were secondary to spiritual needs of the people

vs. 32 it's ok to rest.

vs.33 when Jesus is present he can't be hidden by those seeking Him.

vs. 34 people are sheep without a shepherd.

vs. 35 sometimes discipleship means long hours.

vs. 36 disciples looked for an easy way to fix the situation.

vs. 38 disciples made excuses because they forgot about the power of Jesus.

Good Example

vs. 30 accountability

vs. 38-42 disciples obeyed

Good Example



Promise

No promise found
in the passage.

What is the Holy Spirit saying to me through this story?

I need to rest in the midst of making disciples. I am so concerned about my own physical needs that I often miss the needs of people suffering around me.

What action do I need to take so that I am obedient to Jesus?

I will take time to rest on Sunday afternoons. I will slow down, and in doing so I will engage one person daily with the Big Question, "If God could answer one prayer in your life right now, what would it be?"

LEAD A BIBLE STUDY USING THE THREE CROSSES METHOD

Read and study Acts 8:26-39

GROWING UP DISCUSSION

Write down and be ready to discuss at least one idea that stood out to you in **Chapter 8**

-

Take Action

Take action based on how you felt the Holy Spirit leading you.

Pray

Close in prayer based on what you read.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 15. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **John 15:1-2**. Review previous memory verses.
- Pray in faith for each member of your group, your pastor, and your church.
- Share the gospel. Keep praying for those you know who are lost.
- **Be prepared to discuss Chapter 9 of *Growing Up*.**
- **Reach out to those whom you have been praying about discipling.**
- **Leader, have a member or members lead next week's lesson and Bible study.**

Lesson 15: Three Crosses Bible Study 2

Introduction time: Quote John 15:1-2 and share a Jesus story from the week.

Goal check-up:

- What did God teach you as you prayed through John 15:1-2?
- Were you able to share the gospel? How did it go?
- Did you reach out to anyone to join your TuTim Team? Who?

DRAW THE DISCIPLE'S CROSS

LEAD A BIBLE STUDY USING THE THREE CROSSES METHOD

Use the back of this page for more space. Once you have finished discussing the passage, then move on to the *Growing Up* discussion, taking action, prayer, and goals.

Read and Study John 15:1-17

GROWING UP DISCUSSION

Write down and be ready to discuss at least one idea that stood out to you in **Chapter 9**

-

Take Action

Take action based on how you felt the Holy Spirit leading you.

Pray

Close in prayer based on what you read.

GOALS FOR THIS WEEK

Complete each of these goals by the time you meet for Lesson 16. Be ready to quote the memory verse below at the beginning of your next meeting. Pay special attention to the bolded goals each week.

- Have a daily quiet time.
- Read your Bible every day and write down what God says to you.
- Memorize and meditate on **John 4:24**. Review previous memory verses.
- Pray in faith for each member of your group, your pastor, and your church.
- Share the gospel. Keep praying for those you know who are lost.
- **Be prepared to discuss Chapter 10 of *Growing Up*.**
- **Reach out to those whom you have been praying about discipling.**
- **Leader, have a member or members lead next week's lesson and Bible study.**

Lesson 16: Three Crosses Bible Study 3

Introduction time: Quote John 4:24 and share a Jesus story from the week.

Goal check-up:

- What did God teach you as you prayed through John 4:24?
- Were you able to share the gospel? How did it go?
- Are you ready to start a TuTim Team?

DRAW THE DISCIPLE'S CROSS

LEAD A BIBLE STUDY USING THE THREE CROSSES METHOD

Use the back of this page for more space. Once you have finished discussing the passage, then move on to the *Growing Up* discussion, taking action, prayer, and goals.

Read and Study John 4:4-42

GROWING UP DISCUSSION

Write down and be ready to discuss at least one idea that stood out to you in **Chapter 10**

-

Take Action

Take action based on how you felt the Holy Spirit leading you.

Pray

Close in prayer based on what you read.

GOALS GOING FORWARD

- Memorize **Acts 1:8**. Keep reviewing your previous memory verses.
- Reflect on everything that has happened these past months. Praise God for his faithfulness and for how you have grown as a disciple and disciple-maker.
- Keep practicing all of the spiritual disciplines you have learned so you have the posture that allows God to work in you and through you.
- Keep sharing the gospel. Keep praying for those you know who are lost.
- **Fill out the evaluation in Appendix A.**

WHAT'S NEXT?

Just because you have completed this manual doesn't mean you're done. Leader, your job is not finished until one of the members of your team also makes a disciple who then makes a disciple. So stay in touch. Keep doing life together. Remember, the goal is not to complete this book. The goal is to see a disciple-making movement started. That can't happen unless your disciples make disciples.

If you are not the leader but believe you are ready to lead a TuTim Team, remember this goal as well. Choose people that you prayerfully believe will be ready to make disciples and lead a group in the next round.

If you are not ready to lead, that is ok. Pray about why. Consider how you can take a step of faith. That may mean going through another round of TuTim Team to better know, obey, and share. If you follow Jesus, you have no choice but to become a disciple-maker. Don't stop here, keep growing!

Appendix A: Are You Ready?

Are You Ready to Lead a TuTim Team?

Make sure you talk with your TuTim Team leader, but also use the evaluation form below to see if you are ready. If you are ready, start a TuTim Team. If you are not ready, go through a TuTim Team again, this time ready to commit and obey.

Expectations Evaluation

Did you **read** *Growing Up* by Robby Gallaty?

Did you regularly **come prepared** and **ready to contribute** to your meeting sessions?

Have you faithfully **obeyed** what you learned?

- Have lived in the Word daily?
- Have you prayed in faith daily?
- Have you fellowshiped with believers weekly?
- Have you shared the gospel with an unbeliever at least once?
- Are you ministering to others and serving your church?
- Are you comfortable sharing your testimony with others?
- Have you grown in
 - Worship
 - Surrender
 - Waiting
 - Humility
- Did you fast at least one time?
- Did you memorize the majority of the memory verses?

If you can't answer yes to all of these questions, then you will find it difficult to lead a TuTim Team. After all, if you are not obeying what you learned, how can you lead others to obey? On the other hand, if you have made progress in each area, then you are ready. Go for it. Don't be afraid to ask your current TuTim Leader for help when you need it.

Appendix B: Scripture Memory List

1. Luke 9:23
2. John 15:5
3. John 15:7
4. John 13:34-35
5. John 15:8
6. John 15:13
7. Matthew 28:18-20
8. 2 Timothy 2:2
9. Romans 12:1
10. Galatians 2:20
11. Psalm 27:14
12. Matthew 6:17-18
13. James 4:6
14. Mark 6:34
15. John 15:1-2
16. John 4:24
17. Acts 1:8

